

Manual 4

Norms set for the discharge of function Section 4(1) (b) (iv)

Directorate of AYUSH provides Ayurvedic, Unani and Homeopathy consultation facilities to the general public through its dispensaries. Inter AYUSH and intra AYUSH referrals are done as per the need.

The office follows the norms as laid down in NDMC Charter.

Sr. No	Activity	Time Frame	Remarks
1.	Dispensary Services	5 to 15 minutes to each patient. Patient has to get registered at the registration counter, followed by consultation & dispensing of medicines.	No Q for Sr. Citizen.
2.	Panchakarma	After referral by treating physician, patient are given prior appointment for the specified Panchakarma procedure.	The service is free for NDMC employee. Nominal charges are levied from general public.
3.	Naturopathy	After referral by treating physician, patient are given prior appointment of the therapy to be given	The service is free for NDMC employee. Nominal charges are levied from general public.
4.	Unani	After referral by treating physician, patient are given prior appointment of the specified regimental therapy.	The service is free for NDMC employee. Nominal charges are levied from general public.

RATE LIST OF VARIOUS PROCEDURE

Sl. No	NAME OF PROCEDURE	CHARGES (in rupees)
<u>PANCHAKARMA THERAPY</u>		
1.	KATI VASTI	150/-
2.	GRIVA VASTI	150/-
3.	JANU VASTI	150/-
4.	PRISHTA VASTI	150/-
5.	SHASHTIK-SHALI PINDA SWEDA	350/-
6.	ABHYANGA (SARVANGA)	200/-
7.	SHIRODHARA (TAILA)	300/-
8.	PATRA POTALI PINDA SWEDA (SARVANGA)	200/-
9.	SWEDANA (SARVANGA)/EKANGAV	100/-
10.	NASYA	100/-
11.	NADI SWEDANA (EKANGAV	100/-
12.	ABHYANGA (EKANGAV)	100/-
13.	PATRA POTALI9 PINDA SWEDA (EKANGA)	100/-
14.	AKSHI TARPAN (NETRA TARPAN)	100/-
15.	NADI SWEDANA (SARVANGA)	150/-
16.	SHIRODHARA (TAKRA /DUGDA)	150/-
17.	UDVARTANA	150/-
18.	ANNA LEPA SARVANGA	300/-
19.	UPANAHA SWEDA	100/-
20.	AVAGAHA SWEDA (WITH ABHYANGA)	200/-
21.	KATI AVAGAHA SWEDA	100/-
22.	SHIRO VASTI	300/-
23.	PIZHIZIL (SARVANGA)	350/-
24.	PIZHIZIL (EAKANG)	250/-
25.	SNEHA/ANUVASAN VASTI	200/-
26.	KASHAYA/ NIRUHA VASTI	150/-
27.	MATRA VASTI	100/-
28.	UTTAR VASTI	100/-
29.	KSHEER VASTI	150/-
30.	VAMANA KARMA (Including POORVA, PARDHAN & PASCHAT KARMA)	1000/-
31.	VIRECHANA KARMA (Including POORVA, PARDHAN & PASCHAT KARMA)	1000/-
32.	AGNI KARMA	200/-
33.	KSHAR KARMA	150/-

<u>YOGA & NATUROPATHY</u>		
1	YOGASANAA AND PRANAYAMA (YOGA)	75/-
2	YOGIK KRIYAS (NETI,DHAUTI) (YAGA)	75/-
3	SPINAL BATH	50/-
4	ARM & FOOT BATH	50/-
5	JET BATH	50/-
6	ENEMA	50/-
7	CIRCULAR JET	150/-
8	FOOL BODY MASSAGE	200/-
9	FOOL BODY Mud BATH	150/-
10	LOCAL Mud -Pack/Application	50/-
11	MEGNETOTHERAPY	50/-
12	FACIAL STEAM	50/-
<u>UNANI THERAPY</u>		
1.	WET CUPPING THERAPY	150/-
2.	LEECH THERAPY	150/-
3.	GLIDING CUPPING THERAPY	100/-
4.	VEINE SECTION	100/-
5.	FULL STEAM BATH	100/-
6.	DRY CUPPING	100/-
7.	FACIAL STEAM	50/-